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# County of San Diego

## HEALTH AND HUMAN SERVICES AGENCY

### PUBLIC HEALTH SERVICES

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HIV, STD and Hepatitis  
Immunization  
Maternal, Child and Family Health Services  
Public Health Laboratory  
PH Nursing/Border Health  
TB Control & Refugee Health  
Vital Records

Base Station Physicians' Committee  
Judd Glasser, M.D., Chairperson  
c/o Emergency Medical Services  
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## BASE STATION PHYSICIANS' COMMITTEE MEETING

### Minutes

Tuesday, July 15, 2008

#### Members Present

Davis, M.D., Dan – UCSD/Mercy Air  
Dunford, M.D., Jim – City of San Diego  
Glasser, M.D., Judd – Tri-City  
Grad, M.D., Michele – Palomar/Pomerado  
Graydon, R.N., Cheryl – Palomar  
Kramer, M.D., Mark – Sharp Memorial  
Linnik, M.D., Bill – Sharp Grossmont  
Madati, M.D., Jamil – Children's  
Marugg, Jim – S.D. Co. Paramedics' Association  
Reilly, M.D., Ian – Scripps La Jolla  
Schwartz, M.D., Brad – American Medical Response  
Zahller, M.D., Steve – Scripps Mercy

#### County Staff Present

Haynes, M.D., Bruce

#### Recorder

Rupp, Merle

#### Guests Present

Allington, R.N., Linda – Carlsbad Fire  
Barnes, R.N., Melanie – S.D. Med. Serv. Enterp.  
Bourdon, R.N., Darlene – Scripps Mercy  
Buono, M.D., Colleen – UCSD/Palomar Collage  
Cerrone, R.N., Sharon – Mercy Air  
Dotson, R.N., Melody – UCSD  
Eldridge, R.N., Leslie – Sharp Memorial  
Howard, R.N., LuAnn – Scripps La Jolla  
Kelly, R.N., Donna – UCSD ROC  
Kiefer, Karen – Julian/Cuyamaca FPD  
Kusman, Travis – American Medical Response  
Meadows-Pitt, R.N., Mary – Sharp Grossmont  
Mottet, Mary – S.D. Med. Services Enterprise  
Murphy, Mary – CSA-17 Fire  
Ochs, R.N., Ginger – San Diego Fire Rescue  
Rosenberg, R.N., Linda – Sharp Memorial  
Ross, Alyssa – City of San Diego  
Sallee, M.D., Don – Naval Med. Ctr. San Diego  
Scott, Chris – North County Fire  
Seabloom, R.N., Lynne – Oceanside Fire  
Steen, R.N., Pam – Mercy Air

## I. INTRODUCTIONS/ANNOUNCEMENTS

Judd Glasser, M.D., Chair, brought the meeting to order at 11:00 a.m. Attendees introduced themselves.

Pam Steen, R.N., Mercy Air, announced that Mercy Air was obtaining two new aircraft and there will be training for inservice and prehospita1 personnel as well as the hospitals. The new aircraft are lighter and more fuel-efficient and will replace ones currently located in Carlsbad and El Cajon.

## **II. APPROVAL OF MINUTES**

**MOTION made by Jamil Madati, M.D., Seconded by Michele Grad, M.D., to approve the Minutes of June 17, 2008 as submitted. MOTION carried.**

## **III. MEDICAL DIRECTOR'S REPORT (Bruce Haynes, M.D.)**

Employee Work Disruption at UCSD: Currently there are employees picketing at UCSD Medical Center regarding a job action. At this time there has been no impact on either the Medical Center in Hillcrest or at Thornton Hospital.

The Hospital Capacity Task Force: Generally convenes during the autumn each year in preparation for the flu season, will meet on Friday, July 18, 2008 to discuss offload delays in the County. The Emergency Medical Oversight Committee (EMOC) has urged re-writing the guidelines for bypass into more of a bypass policy for more strength. An Overcrowding Summit will be held on October 8, 2008 and Roneet Lev, M.D., will contact people regarding that.

Revised 5150 Guidelines and Sharps Container: The new Director of County Behavioral Health will attend an upcoming EMOC meeting and present the revised 5150 guidelines. A new law passed by the State last year stated that medical sharps can no longer be thrown in the trash, but need to be placed in a sharps container and be taken to a hazardous waste center.

King Airway: State EMS plans to review the King Airway at their Scope of Practice Committee in August, 2008 and gather more data.

Cardiac Arrest Registry to Enhance Survival (CARES): County EMS staff talked with this group recently and the County would like to move forward.

Cardiac: The access to cardiac care continues to be successful, particularly for the field activated patients. The median door-to-balloon time was 59 minutes for the first quarter of 2008. The number of false positives did rise significantly in April, 2008. False positives will be reviewed further.

New Paramedic Program: A new paramedic training program headquartered in northern California has been talking about coming into San Diego County, which raises issues regarding paramedic internship and the availability of clinical slots.

## **IV. BASE HOSPITAL NURSE COORDINATOR'S REPORT (Cheryl Graydon, R.N.)**

The BHNC's have been working on an approach to create a system to conduct audits and input has been received from EMS agencies as well.

All BHNC's are currently working on their contracts.

**V. ROC (Resuscitation Outcomes Consortium) UPDATE (Dan Davis, M.D.)**

The City of San Diego is prepared to begin participating in the Hypertonic Saline Study. It has been noticed that there has been a downturn in the number of enrolled patients so all agencies outside the City of San Diego should continue to enroll these patients when appropriate.

Hopefully three new agencies will soon begin participation in the Cardiac Arrest Study. Some have participated in the preliminary phase and having been sending ROC data. North County, Vista and El Cajon will hopefully join by September, 2008.

A few method papers have now been published regarding ROC studies.

**VI. 2008 PARAMEDIC PROTOCOL CHANGES**

Discussion of any of the recent protocol changes was requested. Dr. Haynes stated that he reviewed cases from the July 4<sup>th</sup> holiday weekend, and the use of Versed for behavioral issues results looked good.

**VII. AMIODARONE VS. LIDOCAINE (Judd Glasser, M.D.)**

Several studies have been done in 2002. One study looked at Lidocaine directly vs. Amiodarone and one study reviewed both. Unfortunately, neither study looked at good neurological outcomes or outcomes out of the hospital. This has led to the belief that Amiodarone does seem to get people into the hospital, but doesn't necessarily improve their overall survival rate or quality of life when they leave the hospital. The ACLS guidelines did adopt Amiodarone as an agent of choice for that particular type of patient.

**VIII. FIELD PRONOUNCEMENT BLUNT TRAUMA**

At the last PAC (Prehospital Audit Committee) meeting there was interest expressed in changing the criteria for pronouncement of blunt trauma in the field. One physician stated that it would be easier for the paramedics in the field if there was more than one criteria possibly adding, when a patient is in a blunt traumatic arrest with asystole on the monitor and no vital signs. Various opinions were brought forth. Has been reviewed at the Medical Audit Committee (MAC) in the past also.

**IX. HEALTH ADVISORY COMMITTEE ON THREATS (HACOT)  
(Linda Rosenberg, R.N.)**

No meeting to report on at this time. Next meeting Wednesday, July 16, 2008.

**X. SAN DIEGO HEALTHCARE DISASTER COUNCIL**  
**(Linda Rosenberg, R.N.)**

Hospitals are continuing to spend HPP (Healthcare preparedness Program) Year Six dollars. UCSD and Scripps La Jolla have disaster drills coming up within the next week. The Golden Guardian drill in November will be a four-day event on November 13-14 and November 17-18 and all hospitals will participate in this state-wide event. The Healthcare Disaster Council meets again on Wednesday, July 16, 2008.

**XI. ITEMS FOR FUTURE DISCUSSION**

Dr. Dunford stated that the Resource Access Program is a San Diego City program to review and address the use of high-utilizers of health care prehospital services. A guest speaker can be scheduled for a future date to speak on it.

Dr. Glasser added intranasal drug delivery and the various drugs.

Dr. Haynes suggested a presentation on 5150's by the County's Behavioral Health Director.

**XII. SET NEXT MEETING/ADJOURNMENT**

The next meeting was scheduled for Tuesday, September 16, 2008, 11:00 a.m. at the Sharp Spectrum Auditorium, 8695 Spectrum Center Court, Kearny Mesa, San Diego.

The meeting adjourned at 12:45 p.m.

Respectfully submitted,

Merle Rupp, Board Secretary  
County EMS